



CIRCUIT TRAINING

MONDAY-FRIDAY

7:30AM-11:00AM

3:00PM-7:00PM

SATURDAY

9:00AM-11:00AM

\$7 PER DAY OR \$40 MONTH

\$70 A-LA-CARTE

**(ZUMBA, YOGA, WATER AEROBICS
AND CIRCUIT TRAINING)**

KEY WEST CAMPUS

ROOM 1506

NEXT TO HUMAN RESOURCES



**THIS IS FOR INDIVIDUALS WHO LIKE TO EXERCISE USING RESISTANCE
TRAINING HYDRAULIC EQUIPMENT.**



**TO REGISTER CALL
CONTINUING EDUCATION 305-809-3185**

